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Repro Plus and Max

LONGEVITY PROGRAM

FAMILY PACKAGE FOR GOOD REPRODUCTIVE HEALTH

The health needs of men and women start from childhood, continue through adulthood, and reach into older age. Throughout this process, men and women have different needs in terms of their sexual and reproductive health. The risks to good reproductive health can vary and include insufficient information, climatic peculiarities, pollution, and diseases, which can lead to discomfort. Therefore, a preventive measure that ensures a vibrant and good sexual life, without resorting to in vitro procedures, has been developed. This led to the creation of two products: Repro Plus Protect (for women) and Repro Max Protect (for men), which are based entirely on natural ingredients without affecting other processes in the body, and without side effects. The active ingredients used not only benefit reproductive health but also have a positive effect on the entire body, making these products suitable for long-term intake.

The products Repro Plus Protect (for women) and Repro Max Protect (for men) aim to provide preventive care for the good reproductive health of the whole family. Both products are a combination of biologically active substances proven for reproductive health.

Repro Plus Protect (for women) Ingredients:

- L-Carnitine Fumarate: 425 mg
- L-Arginine Alpha-Ketoglutarate: 400 mg
- Shatavari Extract: 400 mg
- Vitamin C: 60 mg
- Acetyl Cysteine: 30 mg
- Vitamin E Succinate: 19 mg
- Iron Fumarate: 21.5 mg
- Pantothenic Acid (Vit B5): 6 mg
- Zinc Acetate: 14.3 mg
- Beta Carotene 10%: 10 mg
- Vitamin B6: 2 mg
- Copper Sulphate: 2.06 mg
- Folic Acid: 0.2 mg
- Selenomethionine: 25 mg
- Vitamin D3: 0.0125 mg
- Vitamin B12: 0.0025 mg

Other Ingredients: Maltodextrin, dextrates, stevia extract, aerosil.

Shatavari Root Extract (*Asparagus racemosus*) A primary herb for the female reproductive system, used in Indian traditional medicine. Its name translates to "she who possesses a hundred men." It's used to support the female reproductive system, balancing hormonal levels in older women. The extract from the plant's roots contains saponins, steroid glycosides, flavonoids, phytoestrogens, etc. Its effect is believed to be due to substances resembling sex hormones (steroidal saponins).

Purpose of Repro Plus Protect (for women):

- To support good reproductive health.
- To assist fertility in a healthy way and provide peace of mind when deciding to conceive.

Recommended daily dose and usage instructions: For women - one sachet per day. Suitable for long-term use.

Repro Max Protect, 30 sachets Ingredients:

- L-Carnitine Fumarate: 425 mg
- L-Arginine Alpha Ketoglutarate: 400 mg
- Vitamin C: 80 mg
- Zinc Acetate: 20 mg
- Lycopene: 20 mg
- Coenzyme Q10: 10 mg
- Vitamin B12: 1.5 µg
- Folic Acid: 200 µg
- Selenium Methionine: 25 mg (50 µg)

Other Ingredients: Maltodextrin, dextrates, stevia extract, aerosil.

The included lycopene is of natural origin and is a strong antioxidant, offering many health benefits. Its main positive role is its strong antioxidant function and the ability to neutralize free radicals. Free radical accumulation is a natural process in response to body aging, but levels increase due to environmental impact, pollution, and smoking. Free radicals damage human body cells and at high levels can cause health issues like cancer, diabetes, and heart diseases. Lycopene has been found to reduce free radical levels and limit the risk of chronic diseases. Additionally, its benefits are linked to increased male fertility, as it improves sperm quality.

Mucuna pruriens, also known as "dopamine bean", is a good source of the amino acid levodopa (L-DOPA 4 - 7%), which helps the body produce dopamine, a crucial brain chemical for mood, sexual activity, memory, and mental health. Dopamine is one of the most important neurotransmitters for sexual behavior and libido in men. Its effects are clear: increasing dopamine levels in the brain boosts libido, while reducing dopamine and similar neurotransmitters (catecholamines) decreases libido and sexual function

Literature trials and studies:

1. <https://pubmed.ncbi.nlm.nih.gov/18973898/>
2. <https://pubmed.ncbi.nlm.nih.gov/18955292/>
3. <https://pubmed.ncbi.nlm.nih.gov/18973898/>
4. <https://pubmed.ncbi.nlm.nih.gov/21459537/>